



BOTTOM LINE: Keep going because of what Jesus did for you.

Read Hebrews 12:2

Eye on the Ball

Have you ever played t-ball or baseball? When you're up at the plate, should you keep your eyes on the bat or the ball? Yes! You always fix your eye on the ball. If you want to persevere and keep going even when things get hard, **you have to fix your eyes on Jesus.** He will help you, always. You can keep going because of Jesus did for you.

Perseverance Prayer

Read this weeks verse. Then, take some time to thank God for all He's done.

Pray something like this:

Dear God, Thank You for sending Your Son, Jesus. Thank You for Jesus' example of perseverance when He died on the cross for my sins. Help me to persevere when things get hard in my life. I love you, God, Amen.

The Cross

When you see a cross, like the one on the other side of this page, what do you think about? **Jesus!** It's hard for us to imagine just how hard it was for Jesus to face the cross because of His great love for us. But He did. And because of His perseverance, we can have a relationship with God forever.

Practice, Practice, Practice!

Unscramble the words to finish the phrases below:

Riding a **K B I E**

Tying your SOEHS

Reading a CAPHTRE book

What do all these things have in common? They're all tasks that require practice! Following God is like that too. It takes practice and perseverance to make wise choices, treat others the way you want to be treated, and to trust God no matter what. This week, before you brush your teeth in the morning, remember the cross and what Jesus did for you. Then, ask God to help you as you practice following Him with perseverance.

