



DAY 5

WHAT ARE SOME THINGS YOU WORRY ABOUT . . .

at school?
at home?
at sports?
with your friends?

Grab a sheet of paper, and write down some of your fears with a pencil.

Then grab a thick marker and write the words of Joshua 1:9 over the fears you wrote in pencil: *Be strong and brave. Do not be afraid. Do not lose hope. I am the Lord your God. I will be with you everywhere you go.* Joshua 1:9b (NIV)

Being courageous doesn't mean that you won't be afraid anymore. But when you remember that God is with you wherever you go, it makes your fears fade to the background a bit and allows you to take that next step whatever it is!



WEEK 1

DAY 1

Go to Studio252.tv and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: _____

2) YOU LEARNED: _____

3) YOU'D LIKE TO KNOW: _____

PRETEEN

DAY 2

EXODUS 1:22-2:4

Go back and read Exodus 1:22-2:2a (the first half of verse 2 in chapter 2) again. It's really awful, isn't it? What do you think you would do if you were the parent of a baby boy born during this time?

Now, read the second half of Exodus 2:2. What "next thing" did Moses's mom do after he was born?

Next, read Exodus 2:3-4. What "next thing" did Moses's mom do when hiding her baby wasn't working?

Moses's mom and sister didn't know what was going to happen when they hid him at their house, and then again when they hid him down by the river. But they knew they had to do something, so they showed courage in trying something . . . each "next thing" they did took courage, but they trusted God as they did something!

DAY 3

Just like Moses's family didn't know what would happen to him, but they had to bravely take the next step in keeping him safe, you too may have situations where you don't know what will happen. It can be tough to be brave when you don't know what your next step should even be! Thankfully, God is right there with you, helping guide you to the next step and giving you the wisdom and courage you need—all you have to do is ask!

What is a situation you are currently facing that you don't know how it will end? Read the following prayer out loud, and fill in the blank with the situation that you are facing.

Dear God, thank You for being with me and being someone I can trust no matter what. You know that I'm worried about _____

and don't know what will happen. I don't know what I should do next. Please give me wisdom to uncover what is one thing I can do to move forward with courage. Thank You for being with me as I do what I should, even though I'm afraid. In Jesus' name, amen.

DAY 4

Asking God for wisdom on the next thing you should do is a great first step! But it's not the only thing you can do. God has given us people in our lives who have more experience and wisdom, and He loves it when we lean on them for help too!

Sometime today, find a friend who also trusts Jesus. It could be your mom or dad, your small group leader, an older sibling, or just a friend at school.

Share with them the situation you wrote about on Day 3. Together, brainstorm two or three things you could do to move forward in the situation. Talk about what might happen if you take each step, and what might happen if you don't do anything at all. Then take a minute to pray together too, and ask God for courage in deciding which step you should take. Before you say goodbye to your friend, ask for accountability—ask them to check back with you at a later date to see if you've done the next step you talked about.