



# WHAT ARE THE BEST WAYS TO HONOR YOUR FRIENDS?

## DAY 5

Have you heard of Random Acts of Kindness? The idea is to pick random people to do nice things for. Instead of random acts, today you're going to do some intentional acts of kindness. Think of some of your friends and family members who could use some honoring and write their names below. Then match their name with one of the acts of kindness below that you think would make them feel the most honored, and get to work showing others how valuable they are!

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**Hold the door open for someone**

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**Do a chore for someone in secret**

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**Let someone go ahead of you in line**

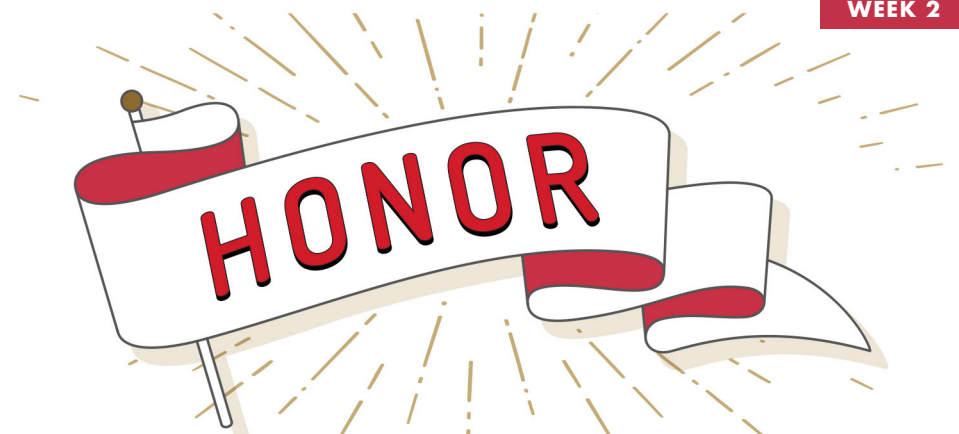
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**Bring flowers to someone**

**Clean off everyone's dishes after dinner**

**Give someone their favorite candy**

**Write a note of encouragement to someone**



**LETTING SOMEONE KNOW YOU SEE HOW VALUABLE THEY REALLY ARE**

## DAY 1

Go to [Studio252.tv](http://Studio252.tv) and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

### SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: \_\_\_\_\_

2) YOU LEARNED: \_\_\_\_\_

3) YOU'D LIKE TO KNOW: \_\_\_\_\_

## DAY 2

READ 1 SAMUEL 18:1-4; 19:1-4; 20:1-4

As you read the first four verses of 1 Samuel 18, 19 and 20, underline the things that Jonathan gives to David. (Hint: they're not all physical objects.)

Yes, Jonathan gave David his princely robe and belt, not to mention his weapons, but he also gave David his enduring friendship, warnings about his father's hatred of David, and an offer to do anything he could to keep David safe. And in the end, he gave David the chance to be king, ahead of himself.

In short, Jonathan put David first when it came to just about everything! He loved and protected his friend, and put his friend's needs ahead of his own. Jonathan may have been the one who "deserved" to be king, but by putting his friend first, he showed David how truly valuable he was.

## DAY 3

Jonathan was technically next in line to be king, but he recognized that God had other plans. Instead of pushing David away and trying to get the kingship for himself, Jonathan put David's needs and safety ahead of his own.

Putting others first comes a little more naturally for some of us than others, but if we're being honest, it's never easy for any of us. Putting what someone else wants ahead of what you want might mean giving up something you deserve, or at least think you deserve.

Thankfully, God loves to share His power with us, and when we put our trust in Jesus, we also get the Holy Spirit to help us make hard decisions like putting others first.

**Who, in your life, do you struggle with letting them go first?**

**Write their name here:** \_\_\_\_\_

**Where/when is it hardest to put that person first?** \_\_\_\_\_

**Why do you think that is?** \_\_\_\_\_

Now use your answers to help you talk to God about this situation. Ask God for help in putting this person first. Ask for humility and strength to put honor into practice!

## DAY 4

Did you know you're more likely to follow through to meet a goal if you write it down? And if you write it down AND tell someone about it, you're practically halfway there!

Since putting others first usually takes a little bit of effort, and you've already written down who you know you should honor first (see Day 3) and taken some time to ask God for help, now it's time to add a little accountability.

**FIND SOMEONE WHO FOLLOWS GOD—MAYBE IT'S A PARENT, YOUR SMALL GROUP LEADER, OR JUST A FRIEND AT CHURCH OR SCHOOL.** Tell them about your plan to put someone else first. Talk with them about the things that might make your plan challenging, or things that might compete with your plan to show honor. Ask them if they've ever struggled to put others first, and if so, how they overcame those struggles. Then ask them to check back in with you in couple of days to see how things have progressed with your plan to put this other person first, and ask them to pray for you in the meantime as you work to honor others by putting them first.