

BOTTOM LINE: Honor others by keeping your promises.

Read Philippians 4:19

I Got It!

Think of someone in your home that could use a little break. Go to that person and ask them if you can do something for them this week. After finding out what task you can do, set a day for you to complete this task for them! Before you leave them, say: "I promise to help you and I will honor you by keeping my promise." Work hard this week to complete the task you were given for that person.

Ask God to help you keep your promise.

His Promises

Read this week's verse, **Philippians 4:19.** Did you know that if you believe in God He will ALWAYS keep His promises to you? Some promises God gives us are listed in the verse you just read. Do you know some other promises God made to us? Below are just a few of the many promises God made us. Can you think of another? Write it in the space below.

He promises to always love us. He promises to care for us in times of trouble. He promises to be with us when we are scared. He promises

Know that God always keeps His promises to us, no matter what.

Promise Keeper

Think back to the promise you made earlier this week. Who did you promise and what did you have to do? Did you follow through on this promise? If you didn't, go do that now and then come back to this activity. If you did, continue!

Grab some paper and something to draw with. Draw a picture of yourself keeping your promise. In your drawing, draw the person you made the promise to and yourself doing what you promised! Somewhere on your paper write this week's bottom line: Honor others by keeping your promises.

Look for ways that you can honor others this week.

Thanks for the Promises

The biggest and best promise God ever made was when He promised to send His Son, Jesus, to earth so we can believe in God and go to heaven one day. God sent Jesus to earth because He loved us and wanted us to know Him better! When Jesus lived on earth He talked about God's promises all the time and that He would keep them. Let's take a few moments and thank God for keeping the best promise ever! Pray something like this:

"Dear God, Thank You so much for sending Your son, Jesus, to earth. I know that You sent Him here to complete a promise. Thank You for always keeping Your promises to me. I pray that I can learn to keep all of my promises too. I love You, God. Amen."

Thank God for the promises He keeps.

